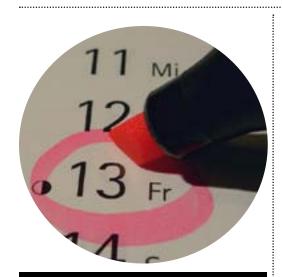
The DAILY & BULLETIN

MONDAY · SEPTEMBER 1ST, 2013



TODAY IN HISTORY

Today is Friday the 13th. According to folklorists, there is no written evidence for a "Friday the 13th" superstition before the 19th century. The earliest known documented reference in English occurs in Henry Sutherland Edwards' 1869 biography of Gioachino Rossini, who died on a Friday 13th.

Several theories have been proposed about the origin of the Friday the 13th superstition:

- 1. One theory states that it is a modern amalgamation of two older superstitions: that thirteen is an unlucky number and that Friday is an unlucky day.
- 2. In numerology, the number twelve is considered the number of completeness, as reflected in the twelve months of the year, twelve hours of the clock, twelve gods of Olympus, twelve tribes of Israel, twelve Apostles of Jesus, the 12 successors of Muhammad in Shia Islam, twelve signs of the Zodiac, etc., whereas the number thirteen was considered irregular, transgressing this completeness.
- 3. Friday has been considered an unlucky day at least since the 14th century's The Canterbury Tales and many other professions have regarded Friday as an unlucky day to undertake journeys.

"In the Street" MSD Students Showcased

In The Street, happening this Saturday, 9/14, is an outdoor street festival that includes nine blocks of themed fun, including areas highlighting children's activities, local art organizations, regional artisans, history, sports and more.

Visitors will also find four stages of live entertainment, delicious food and more! MSD student participants will be performing on the 7th Street Stage of the Rock Block with the Frederick Rock School! MSD students will be signing select songs during the I hour set that will dazzle the audience!

In The Can

Come support the 8th grade trip to New York City and Frederick Deaf Seniors by attending the showing of the film, In The Can. Showing will be on Friday 9/10 at 7PM and Saturday 9/21 at 1PM. Ticket cost is \$11 and sold in the Ely Lobby after school.

Today's Forecast

HIGH-79° LOW-46°





THE MENU

Lunch

TOMATO SOUP
CORN DOG/MUSTARD/KETCHUP
VEGGIE QUESADILLA/SR CREAM/SALSA
BAKED VEGETARIAN BEANS
BAKED APPLES
BABY CARROTS/FF DRESSING

"Quote of the Day..."

An education isn't how much you have committed to memory, or even how much you know. It's being able to differentiate between what you know and what you don't.

-Anatole France

A Word from your High School Principal

Dear Students.

Now that your classes are up and running and assignments and expectations are piling up, I would like to reflect with you on how to get things done. You are all busy people with many responsibilities and it can get confusing how to manage it all. Here are some helpful tips. I. Make sure you don't have a clouded vision. If you don't have a clear idea of what it is you need to accomplish, you may never get it all done. 2. Your assignments may be overwhelming. When a goal is too big, its better to break it down into smaller more manageable chunks. 3. You may have a lack of confidence. If you are afraid of a particular task, figure out if there is a valid reason for this fear. If there is no real basis, then remember all the skills you have and move forward. - Adrienne Rubenstein